The parts of the Declaration of Independence are as follows:

**PREAMBLE:** states why this document is being written by using specific reasons why

**PHILOSOPHICAL FOUNDATION AND DECLARATION OF RIGHTS:** States why freedom is essential and states your ideals of independence [what you believe about liberty, freedom, and rights]

**GRIEVANCES:** Explains how one’s basic rights have been violated by this tyrannical force

**EXPLANATION OF PREVIOUS ACTIONS/DEMANDS:** Explains what has already been done to try and resolve the conflict and what is expected

**RESOLUTION:** States what changes are desired and what the plan is to achieve them; what new independence means and provides

**ASSIGNMENT:** You will choose something that “holds you down.” What/who is your King George? Declare it and proclaim independence from it. Your response should imitate the preamble and philosophy/foundation of the actual Declaration of Independence itself.

Here is an example:

When, on the road of life, it becomes necessary to step outside of our daily rituals and routines and examine closely the decisions we make towards our own fate and adjust towards what we know is a better path, we must question the objects that attempt to enslave us, face them head on, and, in this instance, refuse to place any more bucks in the hands of the coffee mafia.

I hold these truths to be self evident, that all consumers are considered equal, that I have specific rights such as life, liberty, and the pursuit of a day without the mocha-laden caffeine temptation on my drive home. Be it known that to secure these rights, individuals must break from the chains of caffeine and the allure of silky smooth chocolate. And when chocolate or the promise of caffeine become like false prophets or sirens tempting me to a 220 calorie laden fate, I have such liberties to declare my freedom. Abstinence, or perhaps simply moderation, will indeed be a necessary step in severing the oppressive control it has over this life. Habits are hard to break, and my experience has been one of longsuffering; years and years of denial and afternoon rendezvous with the mocha mistress. To this consumer it has become all consuming. My story is not unique. The legal addictive stimulant has claimed many a hardworking American. It is actually in the overworked that it preys on the most with promises of energy or self worth or both. Promises that after a hard day somehow you’ve earned it. Such has been the mindless obedience to this mocha monster, this grande god; and such a time is now the necessity to alter my former habits. The green and white mermaid with stars in her hair shall tempt me no more.